

# Effects of NAM Therapy on Facial Symmetry and Impacts on Quality of Life in Patients with Unilateral Cleft Lip and

**Palate** 

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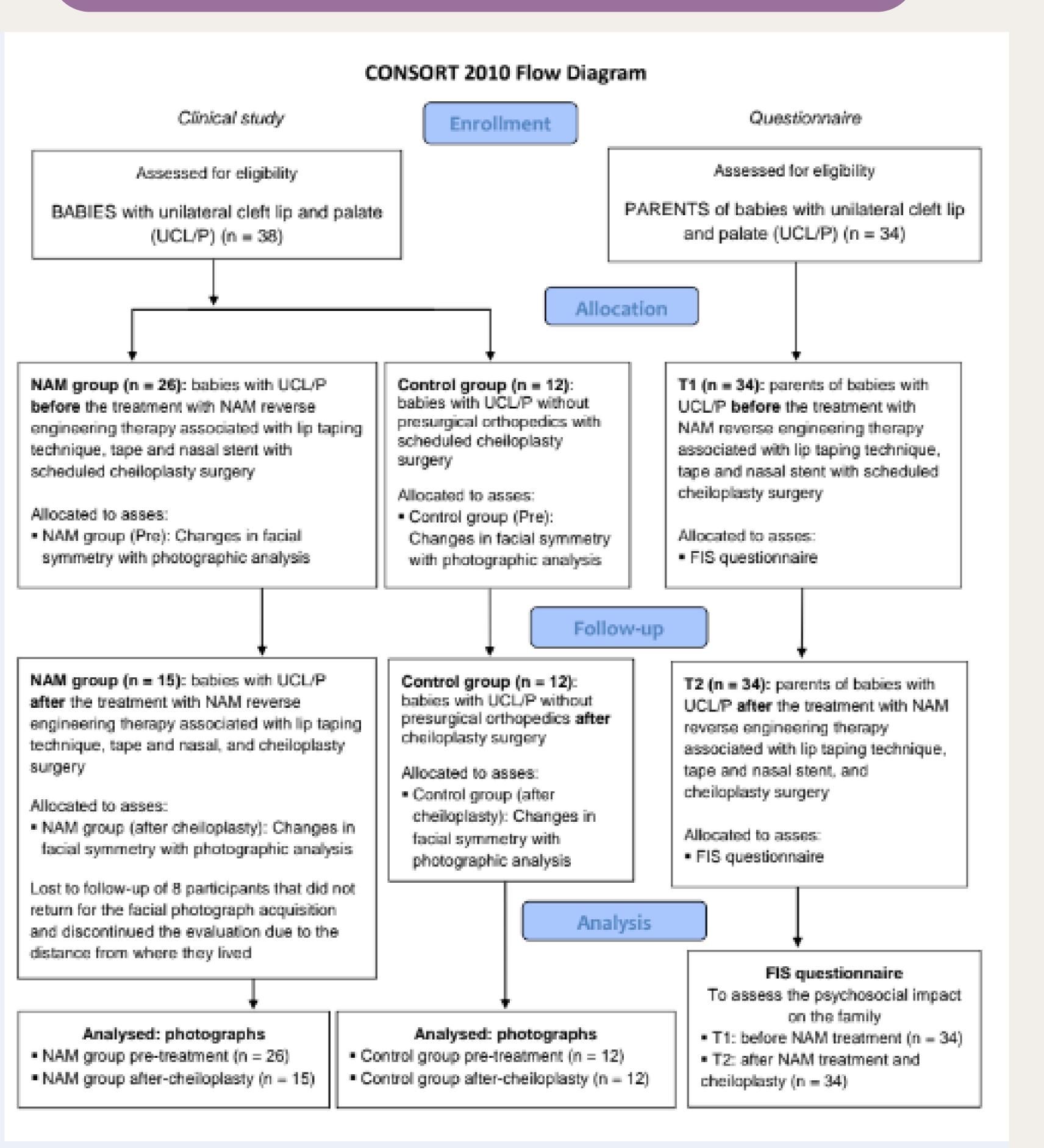
#### INTRODUCTION



#### **OBJECTIVE**

This clinical study aims to evaluated the effects of adjunct with the use of the NAM for facial symmetry therapy parameters on post-cheiloplasty outcomes in newborns with cleft lip and palate and to assess the psychosocial impact on the family and society of children with clefts.

#### METHODOLOGY



## RESULTS



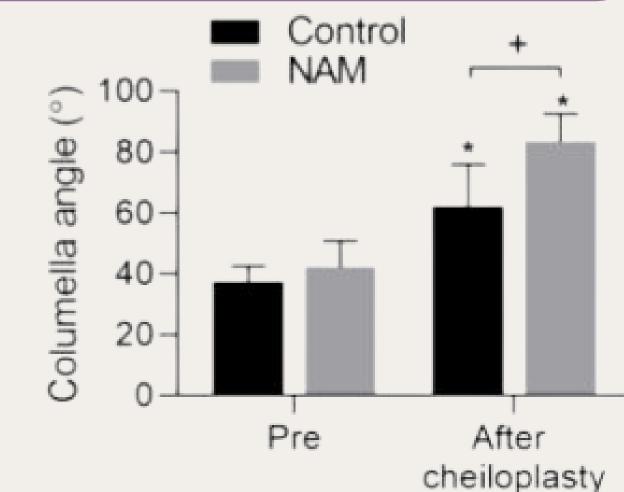
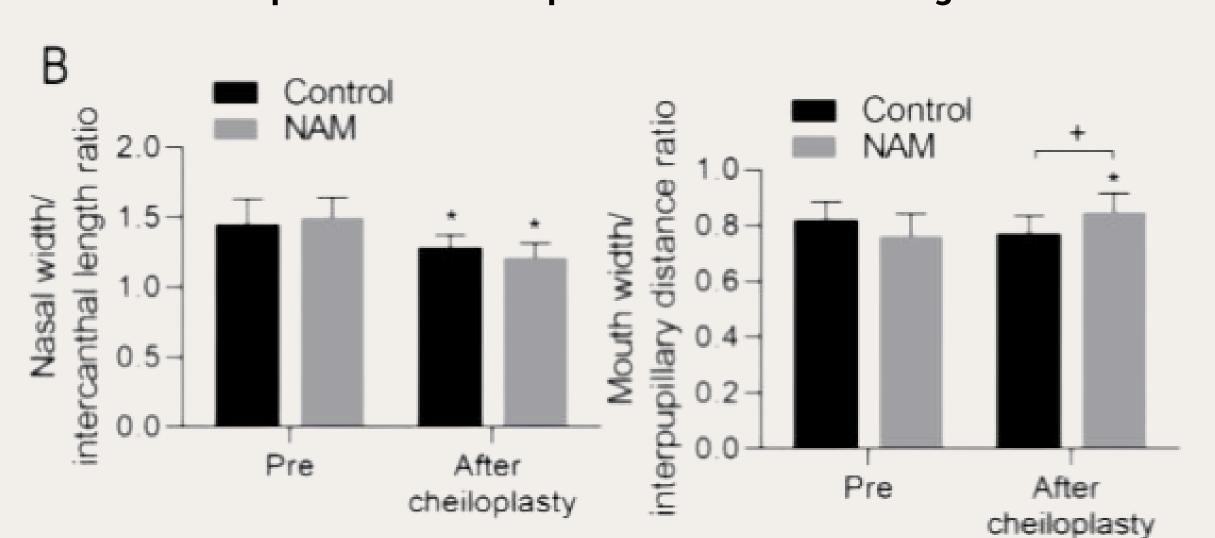
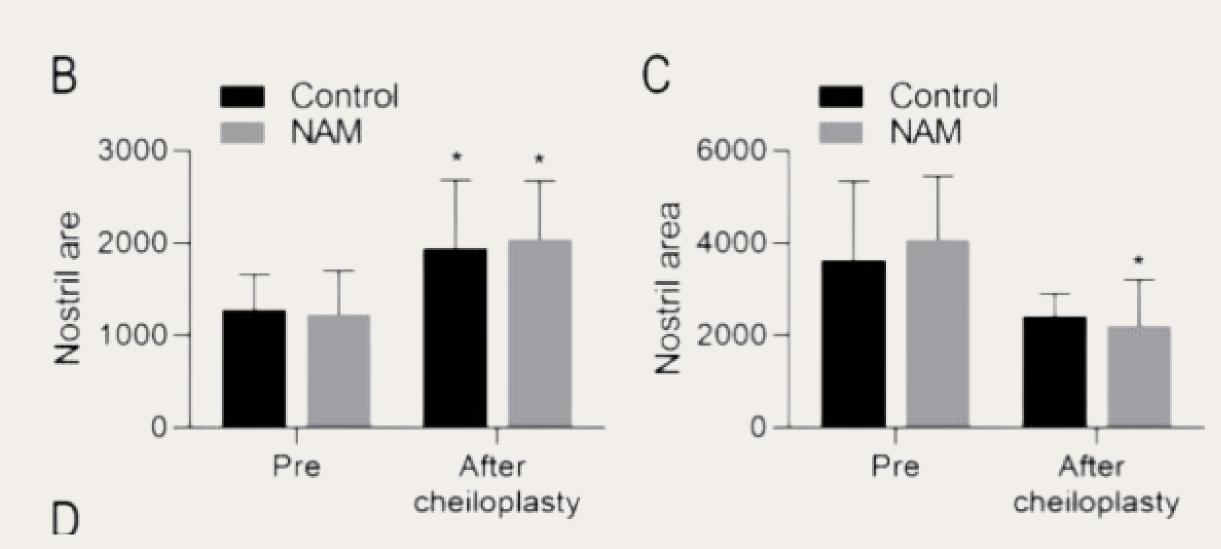


Figure 02: Comparison of facial aspects between NAM Group and Control Group.

**Graph 01: Measurement of the columella** angle.



**Graphs 02 and 03: Measurements of facial proportions.** 



**Graphs 04 and 05: Measurements of nasal proportions.** 

| T1xT2               | p value | Statistic Test |
|---------------------|---------|----------------|
| Parental Activities | 0.555   | Wilcoxon Test  |
| Parental Emotions   | 0.001   | Wilcoxon Test  |
| Family Conflicts    | 0.999   | Wilcoxon Test  |
| Financial Burden    | 0.784   | Wilcoxon Test  |
| Overall             | 0.015   | Wilcoxon Test  |

Table 01: Comparisons of subscale and overall FIS scores betweens T1 x T2. Significant p value < 0.05.

### CONCLUSION

NAM therapy is beneficial for the treatment of Unilateral Cleft Lip and Palate (UCLP), improving the aesthetic and functional outcomes of cheiloplasty. Significant differences were observed in the Physical Environment subscales and overall Family Impact Scale scores over the follow-up period among the participants, indicating the potential benefits of NAM therapy for the families of the participants. However, further research is needed to understand the long-term effects of NAM therapy and its individual variability in the clinical context.

#### ACKNOWLEDGES







Figure 01: Methodology Flow Diagram.